



Recommended Scents

Relax: Lavendar, Chamomile,
Sandalwood, Cedarwood

Cheer: Peppermint, Lemon,
Jasmine, Rosemary

Calm: Ylang-ylang, Bergamot,
Marjoram, Frankincense

**As always, please be cautious when using essential oils, especially with children. Be aware of possible adverse reactions and follow all safety guidelines provided by the manufacturer.*





Enjoy
the
moment.



-Harriet Uchtdorf

It's not a race;
it's a *journey*...



PROJECT IDEAS AND INSTRUCTIONS FOR MOTHER'S DAY 2016 PRINTABLES:

To print: Print on heavy paper, glossy brochure paper, or cardstock

For jar lids: Simply cut out the round shapes and attach to the jar lid with double stick tape if desired. Screw the lid on top, holding the label firmly in place. Tie ribbon around the jar if desired.

For little tags: Cut the square labels around the outside border. Punch a hole in the top of the tag, and attach to the jar with string or ribbon.

For brag book covers: Cut the covers carefully along the edges. Remove the cardstock covers that come with the photo album and insert your printed covers, double checking to be sure the album is right side up. Don't you love easy projects that look impressive?

For this set of printables, I used the following licensed elements:

- Fonts: MB Empire, Amelia Script
- Backgrounds: Watercolor Brushstrokes | By Lef
- Images: Watercolor Bicycle and Flowers | Eva Katarina



**While not required, I like to share information on my resources here so that you can easily find fonts, etc. that you love..*

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